



CK NUTRACEUTICALS
SCIENCE-BASED INGREDIENTS

Cognitaven®

Enhancing Cognitive Performance

Cognitaven® is a proprietary green oat extract clinically proven to support cognitive performance, including working memory and multitasking.



PROVEN EFFICACY

Clinically proven to significantly improve working memory with a beneficial influence on speed and accuracy during multitasking.



FAST-ACTING BENEFITS

Cognitaven® provides enhancement of cognitive function from the very first day of supplementation.



NATURALLY DERIVED

Derived from green oat extract, Cognitaven® is sustainably sourced, harvested and produced to ensure consistent product quality.

Significant Improvements in Cognitive Function

	Day 1	Day 29
Physiological Stress Response		✓
Working Memory	✓	✓
Multitasking	✓	✓



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Healthy cognitive function is a key factor in meeting the unique challenges and demands of today's fast-paced society.

Consumers are increasingly seeking out safe and effective natural supplement that deliver cognitive health benefits.

Oral supplementation with Cognitaven®—both acute intake and continuous use—provides a significant improvement in working memory and a beneficial effect on multitasking.

Continued use of Cognitaven® has also been clinically shown to positively modulate the physiological stress response.



KEY HIGHLIGHTS

U.S. STRUCTURE/ FUNCTION CLAIMS

- Helps to support memory.*
- Helps to support calmness.*
- Helps to support cognitive health and brain function.*
- Helps speed learning, enhance memory and improve mental performance.*
- Helps support an improvement in learning rate, working memory, information, retention and mental performance.*
- Can help decrease the rate of forgetfulness and improve multitasking accuracy.*
- Helps support mental performance in cognitively demanding environments such as test-taking.*
- Helps support antioxidant activity in the brain.*
- Helps relieve restlessness and/or nervousness (nervine/calming)*.
- Helps to increase resistance to stress (e.g. in case of mental fatigue related to stress)*.

CLINICAL RESEARCH PUBLISHED

- Acute and Chronic Effects of Green Oat (*Avena sativa*) Extract on Cognitive Function and Mood during a Laboratory Stressor in Healthy Adults: A Randomised, Double-Blind, Placebo-Controlled Study in Healthy Humans. O Kennedy, D., et al. DOI: 10.3390/nu12061598

Please contact us for a complete list of research references and scientific manuscripts.

COMPOSITION

- Green oat extract (*Avena sativa*)

APPLICATIONS

- Capsules, Tablets, Powders, Gummies

CLINICAL DOSAGE

- 430 mg 1-3 times daily

CERTIFICATIONS

- Kosher, Halal, Non-GMO
- Manufactured under strict GMPs

ORIGIN

- Europe

SUPPLY PARTNER

- Anklam Extrakt GmbH, Germany



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.